

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

"February, the month of love, is a time to cherish the bonds that warm our hearts." – D.A. Blankinship



										1 Morning -Daily Chronicles -Walking Club Afternoon -Balloon Volleyball			
2 Morning -Devotions Afternoon -Groundhog Day Discussion <small>Groundhog Day</small>		3 Jazz Month Morning -Glen Miller Workout -Sip & Smile Social Afternoon -Manicures -Group Games		4 Morning -Movin' to the Music -Scenic Drive Afternoon -Heart Bird Feeders -Tea & Trivia		5 Morning -Walking Club -February Trivia Afternoon -Who Sang It? -Ice Cream Social & Super Bowl Detect		6 Morning -Chair Yoga -Mindful Meditation Afternoon Thirsty Thursday Super Bowl Party (3:00 AL)		7 Morning -Sit & Fit Exercise -Baking Donut Holes Afternoon -BINGO -Flavored Water Friday & Puzzles		8 Morning -Daily Chronicles Afternoon -Balloon Volleyball	
9 Super Bowl Morning -Devotions & Hymns Afternoon -Super Bowl Watch Party (5:30)		10 Morning -Sit & Fit Exercises -Sip & Smile Social Afternoon -Manicures -Group Games		11 Morning -Movin' to the Music -Scenic Drive Afternoon -Candy Heart Art -Tea & Candy Pondering Prompts		12 Morning -Walking Club -Flower Meanings Afternoon -Sweetheart Detective -Ice Cream Social & Name that Heart Tune <small>Tu B'Shevat Begins</small>		13 Morning -Chair Yoga -Mindful Meditation Afternoon Thirsty Thursday "Paint the Town Red" w/ Aaron Lotzo (3 AL)		14 Valentine's Day Morning -Sit & Fit Exercise -Heart Yarn Art Afternoon -Valentine's Day w/ Silver Steppers (2:00 AL) <small>Valentine's Day</small>		15 Morning -Daily Chronicles Afternoon -Balloon Volleyball	
16 Daytona 500 Morning -Devotions Afternoon -Daytona 500 (1:30)		17 President's Day Morning -Fit & Factual President's Workout -Sip & Smile Social Afternoon -Manicures -Group Games <small>Presidents' Day (U.S.)</small>		18 Morning -Movin' to the Music -Scenic Drive Afternoon -Norman Rockwell -Tea & Trivia		19 Morning -Walking Club -Reader's Digest Reminisce Afternoon -Men's Social Guest Speaker Lee Co Historical Society (AL)		20 Morning -Chair Yoga -Mindful Meditation Afternoon -Thirsty Thursday (3:00 AL)		21 Morning -Sit & Fit Exercise -Baking Mini Cakes Afternoon -BINGO -Flavored Water Friday & Puzzles		22 Morning -Daily Chronicles Afternoon -Balloon Volleyball	
23 Morning -Devotions & Hymns Afternoon -Searching for February Puzzle		24 Morning -Sit & Fit Exercises -Sip & Smile Social Afternoon -Manicures -Group Games		25 Morning -Movin' to the Music -Scenic Drive Afternoon -Watercolor Painting -Tea & Triva		26 Morning -Walking Club -Random Trivia Afternoon -Group Puzzles -Chili Cook-off Judging (3:00 AL)		27 Morning -Sit & Fit Exercise -Mindful Meditation Afternoon -Thirsty Thursday (3:00 AL)		28 Morning -Sit & Fit Exercise -Creative Coloring Afternoon -BINGO -Flavored Water Friday & Puzzles <small>Ramadan Begins</small>		In addition to planned morning & afternoon activities, we encourage spontaneous & individualized engagement opportunities throughout the day.	