August 2026

Birkwood Village Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
2 9:30 Morning Exercise Video (FC) **10:30 Ukelele with Linda (FP)** 3:00 Coffee Chat (FP)	**3** **Watermelon Day** 9:30 Exercises (FC) 10:30 Documentary: American Experience: Walt Disney Part 2 1:00 Manicures 3:00 Watermelon Social (Patio)	**4** 9:30 Exercises (FC) **10:30 Harvestville Farm & Luch at Pitchfork Café ($)** 1:00 Euchre (RR) **2:30 Scenic Drive**	**5** 9:30 Exercise Video 10:30 Yahtzee (RR) 1:00 Craft: Van Gogh Oil Pastels (RR) **2:30 BINGO (DR)**	**6** 9:30 Exercises (FC) 10:00 Trivia: Who Wants to be a Millionaire? (FP) **1:00 Rosary (AL)** **4-6:00 Bouquets & BBQ Event**	**7** 9:30 Exercises (FC) 10:30 Book Club (RR) 1:30 Poems with Karen (RR) 3:00 Karaoke Style Sing A Long (FP)	**8** 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
9 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	**10** **9:30 Nauvoo Orchestra (FP)** 10:30 Documentary: Drawn to Yellowstone 1:00 Manicures 3:00 Trivia: August Word Puzzles (Pub)	**11** 9:30 Exercises (FC) **11:00 Lunch at Carlito's Place ($)** 1:00 Euchre (RR) **2:30 Scenic Drive**	**12** **Podiatrist Visit** 9:30 Walking for Exercises 10:30 Yahtzee (RR) 1:00 Craft: Van Gogh Oil Pastels (RR) **2:30 BINGO (DR)**	**13** 9:30 Exercises (FC) 10:00 Trivia: Family Feud (FP) **1:00 Rosary (LTC)** **3:00 Thirsty Thursday: Lucy Lu & the Nobodies**	**14** 9:30 Exercises (FC) 10:30 Book Club (RR) **1:30 Concha Hearing Aid Cleaning (RR)** 2:00 Men's Coffee (FP) 3:00 Balloon Tennis (FC)	**15** **Happy Birthday Clara & Judy S** 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
16 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	**17** 9:30 Exercises (FC) 10:30 Documentary: Garden of the Gods 1:00 Manicures 3:00 Trivia: Wheel of Fortune (FP) **6:00 Square Dancers**	**18** 9:30 Exercises (FC) **10:30 Scenic Drive** 1:00 Euchre (RR) **2:30 Shopping at Dollar General ($)**	9:30 Exercises (FC) **19** **10:30 Introduction to Drawing w/ Sherri** **1:00 Guest Speaker: Kathy "Lee County Pioneer Cemeteries"** **2:30 BINGO (DR)** **Library Delivery**	**20** **Lemonade Day** 9:30 Exercises (FC) **10:00 Catholic Mass** 1:00 Who? What? **3:00 Thirsty Thursday Lemonade & Music w/ Diane**	**21** **Senior Citizen Day** 9:30 Exercises (FC) 10:30 Book Club (RR) 1:30 Poems with Karen (RR) 3:00 Karaoke Style Sing A Long (FP)	**22** 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
23 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	**24** 9:30 Exercises (FC) 10:30 Documentary: Glenwood Canyon Highway 1:00 Manicures 3:00 Trivia: July Jeopardy (FP)	**25** 9:30 Exercises (FC) **10:30 Scenic Drive** 1:00 Euchre (RR) 3:00 Antique Roadshow Living History Farms (FP)	9:30 Exercises (FC) **26** **10:00 Resident Mtg** **10:30 Introduction to Drawing w/ Sherri** **1:00 Guest Speaker: Bridge to Home "Fall Prevention" (FP)** **2:30 BINGO (DR)**	9:30 Exercises (FP) **27** **10:00 Guest Speaker: Andrew Wiese "Harmony Missions"** **1:00 Rosary (LTC)** **3:00 Thirsty Thursday: Guitar by Jamie Hunerdosse**	**28** **Happy Birthday John** 9:30 Exercises (FC) 10:30 Book Club (RR) 1:30 Craft: DIY Sunflower Wreath RR 3:00 Cardio Drumming (FC)	**29** 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
30 **Happy Birthday Anita & Floradean** 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	**31** 9:30 Exercises (FC) 10:30 Documentary: Call of the Canyon Zion National Park (FC) 1:00 Manicures 3:00 Trivia: Wheel of Fortune (FP)	Activity Locations FP – Fireplace / DR – Dining Room RR – Recreation Room / LTC – Long-Term Care Chapel FC – Fitness Center				

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