

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 Birkwood Village Assisted Living						1 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
2 9:30 Morning Exercise Video (FC) 10:30 Ukelele with Linda (FP) 3:00 Coffee Chat (FP)	Watermelon Day 3 9:30 Exercises (FC) 10:30 Documentary: American Experience: Walt Disney Part 2 1:00 Manicures 3:00 Watermelon Social (Patio)	4 9:30 Exercises (FC) 10:30 Harvestville Farm & Luch at Pitchfork Café (\$) 1:00 Euchre (RR) 2:30 Scenic Drive	5 9:30 Exercise Video 10:30 Yahtzee (RR) 1:00 Craft: Van Gogh Oil Pastels (RR) 2:30 BINGO (DR)	6 9:30 Exercises (FC) 10:00 Trivia: Who Wants to be a Millionaire? (FP) 1:00 Rosary (AL) 4-6:00 Bouquets & BBQ Event	7 9:30 Exercises (FC) 10:30 Book Club (RR) 1:30 Poems with Karen (RR) 3:00 Karaoke Style Sing A Long (FP)	8 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
9 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	9:30 Nauvoo Orchestra (FP) 10 10:30 Documentary: Drawn to Yellowstone 1:00 Manicures 3:00 Trivia: August Word Puzzles (Pub)	11 9:30 Exercises (FC) 11:00 Lunch at Carlito's Place (\$) 1:00 Euchre (RR) 2:30 Scenic Drive	Podiatrist Visit 12 9:30 Walking for Exercises 10:30 Yahtzee (RR) 1:00 Craft: Van Gogh Oil Pastels (RR) 2:30 BINGO (DR)	13 9:30 Exercises (FC) 10:00 Trivia: Family Feud (FP) 1:00 Rosary (LTC) 3:00 Thirsty Thursday: Lucy Lu & the Nobodies	14 9:30 Exercises (FC) 10:30 Book Club (RR) 1:30 Concha Hearing Aid Cleaning (RR) 2:00 Men's Coffee (FP) 3:00 Balloon Tennis (FC)	Happy Birthday Clara & Judy S 15 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
16 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	17 9:30 Exercises (FC) 10:30 Documentary: Garden of the Gods 1:00 Manicures 3:00 Trivia: Wheel of Fortune (FP) 6:00 Square Dancers	18 9:30 Exercises (FC) 10:30 Scenic Drive 1:00 Euchre (RR) 2:30 Shopping at Dollar General (\$)	19 9:30 Exercises (FC) 10:30 Introduction to Drawing w/ Sherri 1:00 Guest Speaker: Kathy "Lee County Pioneer Cemeteries" 2:30 BINGO (DR) Library Delivery	Lemonade Day 20 9:30 Exercises (FC) 10:00 Catholic Mass 1:00 Who? What? 3:00 Thirsty Thursday Lemonade & Music w/ Diane	Senior Citizen Day 21 9:30 Exercises (FC) 10:30 Book Club (RR) 1:30 Poems with Karen (RR) 3:00 Karaoke Style Sing A Long (FP)	22 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
23 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	24 9:30 Exercises (FC) 10:30 Documentary: Glenwood Canyon Highway 1:00 Manicures 3:00 Trivia: July Jeopardy (FP)	25 9:30 Exercises (FC) 10:30 Scenic Drive 1:00 Euchre (RR) 3:00 Antique Roadshow Living History Farms (FP)	26 9:30 Exercises (FC) 10:00 Resident Mtg 10:30 Introduction to Drawing w/ Sherri 1:00 Guest Speaker: Bridge to Home "Fall Prevention" (FP) 2:30 BINGO (DR)	27 9:30 Exercises (FP) 10:00 Guest Speaker: Andrew Wiese "Harmony Missions" 1:00 Rosary (LTC) 3:00 Thirsty Thursday: Guitar by Jamie Hunerdosse	Happy Birthday John 28 9:30 Exercises (FC) 10:30 Book Club (RR) 1:30 Craft: DIY Sunflower Wreath RR 3:00 Cardio Drumming (FC)	29 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
Happy Birthday Anita & Floradean 30 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	31 9:30 Exercises (FC) 10:30 Documentary: Call of the Canyon Zion National Park (FC) 1:00 Manicures 3:00 Trivia: Wheel of Fortune (FP)	Activity Locations FP – Fireplace / DR – Dining Room RR – Recreation Room / LTC – Long-Term Care Chapel FC – Fitness Center				