

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2025

Birkwood Village of Fort Madison Assisted Living

August 2025 Birkwood Village of Fort Madison Assisted Living				1 9:30 Exercises (FC) 10:00 Bible Study (RR) 1:30 Cardio Drumming (FC) 3:00 Final Step-by-Step Ocean Painting	2 9:30 Morning Exercise Video (FC) 10:00 Euchre 3:00 Scrabble (RR)
3 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	4 9:30 Exercises (FC) 10:00 Euchre (RR) 1:00 Manicures (RR) 2:30 Church (C) 3:00 Trivia: State Fair Jeopardy	5 9:30 Exercises (FC) 10:30 Harvestville Farm & Lunch at Pitchfork Café (\$) 1:30 Rick Steve's (FC) 2:30 Scenic Drive	6 9:30 Exercises (FC) 10:00 Step-by-Step Painting: Sunflowers 1:00 Book Club (RR) 2:30 BINGO & Popcorn (DR)	Iowa State Fair 7 9:30 Exercises (FC) 10:00 Craft: Summer Ceramics 1:00 Rosary (C) 3:00 Thirsty Thursday: Fair Food & Drinks	8 9:30 Exercises (FC) 10:00 Yahtzee (RR) 1:30 Hearing Aid Cleaning w/ Concha Audiology (RR) 3:00 Karaoke Style Sing-A-Long (FP)
10 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	Melon Monday 11 9:30 Exercises (FC) 10:00 Learn to Play Euchre (RR) 1:00 Manicures (RR) 3:00 Melon Tasting & Trivia	9:30 Exercises (FC) 10:30 Hobby Lobby & Lunch at Family Buffet (\$) 1:30 Rick Steve's Greece Part 1 (FC) 2:30 Scenic Drive	12 9:30 Exercises (FC) 10:00 Step-by-Step Painting: Sunflowers 1:00 Book Club (RR) 2:30 BINGO (DR) 3:30 Birkwood Store	13 9:30 Exercises (FC) 10:00 Step-by-Step Painting: Sunflowers 1:00 Book Club (RR) 2:30 BINGO (DR) 3:30 Birkwood Store	14 9:30 Exercises (FC) 10:00 Catholic Mass 1:00 Dominoes 3:00 Thirsty Thursday Clara's 100th Birthday Bash!
17 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	Antiques Day 18 9:30 Exercises (FC) 10:00 Euchre (RR) 2:30 Church (C) 3:00 Antiques Roadshow (FP)	19 9:30 Exercises (FC) 10:30 Scenic Drive 1:30 Rick Steve's Greece Part 2 (FC) 2:30 Personal Shopping (\$)	Barb's Birthday 20 Library Delivery 9:30 Exercises (FC) 10:00 Resident Meeting 1:00 Book Club (RR) 2:30 BINGO (DR)	21 9:30 Exercises (FC) 10:00 Sunflower Craft 1:00 Rosary (C) 3:00 Thirsty Thursday Slice of Summer Fun Celebration	Sunflower Day 22 9:30 Exercises (FC) 10:00 Yahtzee 1:30 Cardio Drumming (FC) 3:00 Karaoke Style Sing-A-Long (FP)
24 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	25 9:30 Exercises (FC) 10:00 Learn to Play Euchre (RR) 1:00 Manicures (RR) 3:00 Trivia: Wheel of Fortune (FP)	26 9:30 Exercises (FC) 10:30 FM Library 1:30 Rick Steve's Cruising the Mediterranean (FC) 2:30 Scenic Drive & Ice Cream at Hall's (\$)	27 9:30 Exercises (FC) 10:00 Step-by-Step Painting: Sunflowers 1:00 Book Club (RR) 2:30 BINGO (DR) 3:30 Birkwood Store	John's Birthday 28 9:30 Exercises (FC) 10:00 Creative Coloring 1:00 Rosary (C) 3:00 Thirsty Thursday	29 9:30 Exercises (FC) 10:00 Bible Study (RR) 1:30 Cardio Drumming (FC) 3:00 Music w/ Aaron Lotzow (FP)
31 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	Activity Locations FC – Fitness Center RR – Recreation Room FP – Fireplace DR – Dining Room C – Chapel in Long-term Care				

Birkwood Village of Fort Madison ~ 1702 41st Street ~ Fort Madison, IA 52627 ~ (319)372-8021