

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Birkwood Village Memory Care



<p>Morning Exercise Video Gospel Music</p> <p>Afternoon Group Games Coffee Chat</p> <p><small>Tu B'Shevat Begins</small></p>	<p>1 Groundhog Day</p> <p>Morning Sit & Fit Exercises Manicures</p> <p>Afternoon Montessori Monday Groundhog Day Trivia & Discussion</p> <p><small>Groundhog Day</small></p>	<p>2 Morning Exercises Valentine's Craft</p> <p>Afternoon Tunes Tuesday Documentary: Harry Truman Part 1</p>	<p>3 Morning Light & Lively Exercises Yahtzee</p> <p>Afternoon Work it Wednesday Valentine's Poster</p>	<p>4 Morning Light & Lively Exercises Valentine's Poster</p> <p>Afternoon Think Thursday 1:00 Rosary (LTC) 3:00 Music w/ Diane</p>	<p>5 Morning Exercises Discuss & Recall: Winter Olympics</p> <p>Afternoon Family Friday Super Bowl Snacks & Trivia</p>	<p>6 Morning Chair Yoga Video Jigsaw Puzzles</p> <p>Afternoon Coffee Chat Name that Tune</p>
<p>Super Bowl Sunday 8</p> <p>Morning Exercise Video Gospel Music</p> <p>Afternoon Group Games Coffee Chat 5:30 Super Bowl Watch Party on NBC</p>	<p>9 Morning Sit & Fit Exercises Manicures</p> <p>Afternoon Montessori Monday Trivia: February Jeopardy</p>	<p>10 Morning Exercises Scenic Drive</p> <p>Afternoon Tunes Tuesday 1:00 Love Song Sing-A-Long w/ Norma & Sue</p>	<p>11 Morning Light & Lively Men's Coffee Yahtzee</p> <p>Afternoon Work it Wednesday BINGO & Birkwood Store</p>	<p>12 Morning Exercises Who? What? Trivia</p> <p>Afternoon Think Thursday 1:00 Rosary (LTC) 3:00 Thirsty Thursday: That's Amore!</p>	<p>13 Morning Exercises Decorating Valentine's Day Cookies</p> <p>Afternoon Family Friday Bocce Ball</p>	<p>Valentine's Day 14</p> <p>Morning Chair Yoga Video Jigsaw Puzzles</p> <p>Afternoon Coffee Chat Valentine's Day Matinee</p> <p><small>Valentine's Day</small></p>
<p>15 Morning Exercise Video Gospel Music</p> <p>Afternoon Group Games Coffee Chat</p>	<p>16 President's Day</p> <p>Morning Sit & Fit Exercises Manicures</p> <p>Afternoon Montessori Monday President's Day Trivia & Discussion</p> <p><small>Presidents' Day (U.S.)</small></p>	<p>17 Mardi Gras</p> <p>Morning Exercises Scenic Drive</p> <p>Afternoon 2:00 Mardi Gras Party Music w/ Ryan Bizzari (FP)</p> <p><small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small></p>	<p>18 Ash Wednesday</p> <p>Morning Exercises Yahtzee</p> <p>Afternoon 1:00 Presentation of Ashes (LTC) Work it Wednesday BINGO</p>	<p>19 Morning Light & Lively Exercises 10:00 Catholic Mass</p> <p>Afternoon Think Thursday Thirsty Thursday</p>	<p>20 Morning Exercises Rose & Watercolor</p> <p>Afternoon Family Friday Karaoke Style Sing-A-Long</p>	<p>21 Morning Chair Yoga Video Jigsaw Puzzles</p> <p>Afternoon Coffee Chat Group Games</p>
<p>22 Morning Exercise Video Gospel Music</p> <p>Afternoon Group Games Coffee Chat</p>	<p>23 Morning Sit & Fit Exercises Manicures</p> <p>Afternoon Montessori Monday Trivia: Wheel of Fortune</p>	<p>24 Morning Exercises Scenic Drive</p> <p>Afternoon Tunes Tuesday Oil Pastel Floral Arrangements</p>	<p>25 Morning Light & Lively Exercises Yahtzee</p> <p>Afternoon Work it Wednesday BINGO</p>	<p>26 National Chili Day</p> <p>Morning Exercises Family Feud</p> <p>Afternoon Think Thursday 1:00 Rosary (LTC) 3:00 Chili Cook-off Judging</p>	<p>27 Morning Balloon Tennis Front Porch Tales</p> <p>Afternoon Family Friday Snickers & Snicker Winter Humor</p>	<p>28 Morning Chair Yoga Video Jigsaw Puzzles</p> <p>Afternoon Coffee Chat Creative Coloring</p>