

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Morning Exercises Poolside Chill & Chat Afternoon 2:30 BINGO (AL) 3:30 Patriotic Sing-A-Long Canada Day	1 Wear Red, White & Blue Morning Exercises Patriotic Trivia Afternoon 1:00 Rosary (AL) 3:00 Thirsty Thurs Aaron Lotzow	2 Morning Exercises Pet Visits w/ Joy Afternoon Cookies & 4 th of July Puzzles 7:00 A Capitol Fourth Concert on PBS	3 Independence Day Morning Exercises Snap Pops on Patio Coffee Chat 9:00 Yankee Doodle Pops from Iowa State Capitol on PBS Independence Day (U.S.)
5 Morning Exercises Gospel Music Afternoon Group Games Coffee Chat	6 Morning Exercises Manicures Afternoon Balloon Tennis July Jeopardy	Ron's Birthday Morning Exercises Travel Tuesday Afternoon 2:30 Scenic Bus Ride Sing-A-Long	8 Morning Exercises Poolside Chill & Chat Afternoon 2:30 BINGO 3:30 Birkwood Store	9 Morning Exercises Who? What? Trivia Afternoon 1:00 Rosary (LTC) Popsicles on the Patio	Alberta's Birthday Morning Exercises Yahtzee Afternoon 1:30 Concha Hearing Aid Cleaning (RR) Summer Crafting	11 Morning Exercises Jigsaw Puzzles Afternoon Group Games Coffee Chat
12 Morning Exercises Gospel Music Afternoon Group Games Coffee Chat	13 Morning Exercises Manicures Afternoon 1:30 Entertainment: Noisy Neighbors 3:00 Hall's Ice Cream (Pub)	14 Morning Exercises Travel Tuesday Afternoon 1:00 YMCA Summer Camp Kids 2:30 Scenic Bus Ride Bastille Day	15 Morning Exercises Poolside Chill & Chat Afternoon 1:00 Entertainment: Sunshine Sisters 2:30 BINGO (DR)	16 Morning Exercises 10:00 Catholic Mass Afternoon Family Feud 3:00 Thirsty Thursday: Cards & Cocktails	17 Morning Exercises Pet Visits w/ Joy & Sparky Afternoon 2:00 Silver Steppers Group Word Puzzles	18 Morning Exercises Jigsaw Puzzles Afternoon Group Games Coffee Chat
Duane P's Birthday Morning Exercises Gospel Music Afternoon Group Games Coffee Chat	20 Morning 9:30 Entertainment: Nauvoo Orchestra Ensemble Afternoon Manicures Wheel of Fortune Summer Collage	21 Morning Exercises 10:30 Scenic Bus Ride Afternoon Travel Tuesday Name that TV Tune	22 Morning Exercises Poolside Chill & Chat Afternoon 2:30 BINGO 3:30 Birkwood Store	23 Morning Exercises "Everybody Knows" Q&A Afternoon 1:00 Rosary (LTC) 3:00 Thirsty Thursday: Ice Cream Sundaes	24 Morning Exercises Pet Visits w/ Joy & Sparky Afternoon 3:00 Karaoke Style Sing A Long Creative Coloring	25 Morning Exercises Jigsaw Puzzles Afternoon Group Games Coffee Chat
26 Morning Exercises Gospel Music Afternoon Group Games Coffee Chat	27 Morning Exercises Manicures Afternoon Golf Challenge Wheel of Fortune	28 Morning Exercises 10:30 Scenic Bus Ride Afternoon 1:00 YMCA Summer Camp Kids (DR) Travel Tuesday	29 Morning Exercises Poolside Chill & Chat Afternoon Reminisce Articles 2:30 BINGO (DR)	Mary's Birthday Morning Exercises Name 10 Trivia Afternoon 1:00 Rosary (LTC) 3:00 Thirsty Thursday	31 Morning Exercises Pet Visits w/ Joy & Sparky Afternoon Summer Watercolor Painting Yahtzee	Memory Care daily routine includes: -Morning Snack -Physical Activity -Outdoors / Nature -Reminisce / Discuss -Rest & Relaxation -Afternoon Snack

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