

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning</b> Exercise Video Gospel Music</p> <p><b>Afternoon</b> Group Games Coffee Chat</p>	<p><b>1 Morning</b> Sit &amp; Fit Exercises <b>10:30 Sarah &amp; Baby Layne "Sip &amp; See"</b> Manicures <b>Afternoon</b> Montessori Monday Time Magazine Person of the Year</p>	<p><b>2 Morning</b> Exercises <b>10:30 Scenic Drive</b> <b>Afternoon</b> Tunes Tuesday 1:00 Euchre in AL Riverdance</p>	<p><b>3 Morning</b> Light &amp; Lively Exercises Coffee &amp; Poems by the Fireplace in AL <b>Afternoon</b> Work it Wednesday <b>2:30 BINGO</b></p>	<p><b>4 Morning</b> Exercises Group Trivia <b>Afternoon</b> Work it Wednesday <b>1:00 Rosary (LTC)</b> <b>3:00 Thirsty Thursday: Music w/ Lucy Lou &amp; Nobodies</b></p>	<p><b>5 Morning</b> Exercises Discuss &amp; Recall <b>Afternoon</b> Family Friday 3:15 Karaoke Style Sing A Long</p>	<p><b>6 Morning</b> Chair Yoga Video Jigsaw Puzzles</p> <p><b>Afternoon</b> Coffee Chat Name that Tune</p>
<p><b>Daylight Savings</b></p> <p><b>8 Morning</b> Exercise Video Gospel Music</p> <p><b>Afternoon</b> Group Games Coffee Chat</p> <p><small>Daylight Saving Time Begins</small></p>	<p><b>9 Morning</b> Sit &amp; Fit Exercises Manicures <b>Afternoon</b> Montessori Monday Who? What? Am I Trivia &amp; Discussion</p>	<p><b>10 Morning</b> Exercises <b>10:30 Scenic Drive</b> <b>Afternoon</b> Tunes Tuesday 1:00 Euchre in AL TRACKS "Ireland's Scenery &amp; Culture"</p>	<p><b>11 Morning</b> L&amp;L Exercises Rummikub 10:30 Men's Coffee <b>Afternoon</b> Work it Wednesday <b>2:30 BINGO &amp; Birkwood Store</b></p>	<p><b>12 Morning</b> Exercises Truth or Blarney? <b>Afternoon</b> Work it Wednesday <b>1:00 Rosary (LTC)</b> <b>3:00 Thirsty Thursday: Cards &amp; Cocktails</b></p>	<p><b>13 Morning</b> Exercises Discuss &amp; Recall <b>Afternoon</b> Family Friday <b>1:30 Concha Hearing Aid Cleaning</b> <b>2:00 Silver Steppers</b></p>	<p><b>14 Morning</b> Chair Yoga Video Creative Coloring</p> <p><b>Afternoon</b> Coffee Chat Tabletop Bowling</p>
<p><b>15 Morning</b> Exercise Video Gospel Music</p> <p><b>Afternoon</b> Group Games Coffee Chat</p>	<p><b>16 Morning</b> Sit &amp; Fit Exercises Manicures <b>Afternoon</b> Montessori Monday St. Patrick's Day Word Puzzles</p>	<p><b>St. Patrick's Day</b></p> <p><b>17 Morning</b> Exercises <b>10:30 Scenic Drive</b> <b>Afternoon</b> Tunes Tuesday 1:00 Euchre in AL <b>2-4:00 Pub Crawl</b> <small>St. Patrick's Day</small></p>	<p><b>18 Morning</b> L&amp;L Exercises <b>10:30 Donuts w/ Dispatch (FP)</b> <b>Afternoon</b> Work it Wednesday <b>2:30 BINGO</b> <b>NCAA First 4</b></p>	<p><b>19 Morning</b> Exercises <b>10:00 Mass (LTC)</b> Irish Songs <b>Afternoon</b> <b>3:00 Thirsty Thursday: Marching into Spring Celebration</b></p>	<p><b>First Day of Spring</b></p> <p><b>20 Morning</b> Exercises Spring Door Decor <b>Afternoon</b> Family Friday 3:15 Singing in the Rain – Music BINGO <small>Spring Begins</small></p>	<p><b>21 Morning</b> Chair Yoga Video Jigsaw Puzzles</p> <p><b>Afternoon</b> Coffee Chat Group Word Puzzles <b>NCAA 2<sup>nd</sup> Round</b></p>
<p><b>22 Morning</b> Exercise Video Gospel Music</p> <p><b>Afternoon</b> Group Games Coffee Chat) <b>NCAA 2<sup>nd</sup> Round</b></p>	<p><b>23 Morning</b> Sit &amp; Fit Exercises Manicures <b>Afternoon</b> Montessori Monday March Jeopardy Trivia &amp; Discussion</p>	<p><b>24 Morning</b> Exercises Rick Steves "Little Europe" <b>Afternoon</b> Tunes Tuesday 1:00 Euchre in AL <b>2:30 Scenic Drive</b></p>	<p><b>MLB Opening Night</b></p> <p><b>25 Morning</b> L &amp; L Exercises Rummikub <b>Afternoon</b> Work it Wednesday <b>2:30 BINGO &amp; Birkwood Store</b></p>	<p><b>26 Morning</b> Exercises Filling Easter Eggs <b>Afternoon</b> <b>1:00 Rosary (LTC)</b> <b>3:00 Thirsty Thursday: March Madness Mixer</b> <b>NCAA Sweet 16</b></p>	<p><b>27 Morning</b> Exercises Easter Craft <b>Afternoon</b> Family Friday 3:15 Karaoke Style Sing A Long <b>NCAA Sweet 16</b></p>	<p><b>28 Morning</b> Chair Yoga Video Jigsaw Puzzles</p> <p><b>Afternoon</b> Coffee Chat <b>3:00 Nauvoo Orchestra</b> <b>NCAA Elite 8</b></p>
<p><b>Palm Sunday</b></p> <p><b>29 Morning</b> Exercise Video Gospel Music <b>Afternoon</b> Group Games Coffee Chat <b>NCAA Elite 8</b> <small>Palm Sunday</small></p>	<p><b>30 Morning</b> Sit &amp; Fit Exercises Manicures <b>Afternoon</b> Montessori Monday <b>3:00 Music w/ Diane</b></p>	<p><b>Betty P's Birthday</b></p> <p><b>31 Morning</b> Exercises Rick Steves "European Easter" <b>Afternoon</b> Tunes Tuesday 1:00 Euchre in AL <b>2:30 Scenic Drive</b></p>	<h1>March 2026</h1> <p><i>Birkwood Village Memory Care</i></p>			

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