

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

## Memory Care Activity Calendar

				<p><b>May Day</b> <b>1</b></p> <p>Balloon Volley Poems Snack &amp; Hydration Visit w/ Joy &amp; Sparky Digital Derby Racing After Dinner Activity</p> <p>May Day</p>		<p><b>2</b></p> <p>Morning Exercise Daily Chronicles Snack &amp; Hydration What's in the Box? Name that Country Tune Bean Bag Toss After Dinner Activity</p>							
<p><b>3</b></p> <p>Morning Exercise Daily Chronicle Snack &amp; Hydration Mind / Body Sensory Gospel Music BINGO After Dinner Activity</p>		<p><b>4</b></p> <p>Chair Yoga Reminisce Articles Snack &amp; Hydration Nail Spa Watercolor to Music Games in the Patio After Dinner Activity</p>		<p><b>5</b></p> <p>Light &amp; Lively Exercise <b>10:30 Scenic Drive</b> Table Talk Tidbits Snack &amp; Hydration Outdoor Senses Sing-A-Long w/ Susie Q Dice Racing After Dinner Activity</p> <p><small>Cinco de Mayo</small></p>		<p><b>6</b></p> <p><b>Mother's Day Event</b> Morning Exercise Video Devotional &amp; Discussion Snack &amp; Hydration Hand Massages <b>3:00 Mom in Bloom Springtime Fashion Show &amp; Celebration</b></p>		<p><b>7</b></p> <p>Weights &amp; Stretching Magazine Browse Snack &amp; Hydration Outdoor Birdfeeders <b>1:00 Rosary (AL)</b> <b>3:00 Thirsty Thursday</b> After Dinner Activity</p>		<p><b>8</b></p> <p><b>10:00-2:00 Pen City Cruisers (Parking Lot)</b> Putting Challenge Snack &amp; Hydration Hand Putty Creations <b>1:30 Concha Hearing Aid Cleaning (RR)</b> After Dinner Activity</p>		<p><b>9</b></p> <p>Morning Exercise Daily Chronicles Snack &amp; Hydration Nature Scenes / Sounds Name that TV Tune Tabletop Bowling After Dinner Activity</p>	
<p><b>10</b></p> <p><b>Mother's Day</b> Morning Exercise Daily Chronicle Snack &amp; Hydration Mind / Body Sensory Gospel Music BINGO After Dinner Activity</p> <p><small>Mother's Day National Skills &amp; Nursing Care Week</small></p>		<p><b>11</b></p> <p>Chair Yoga Reminisce Articles Snack &amp; Hydration Nail Spa Watercolor to Music Games in the Patio After Dinner Activity</p>		<p><b>12</b></p> <p>Light &amp; Lively Exercise Table Talk Tidbits <b>10:30 Scenic Drive</b> Snack &amp; Hydration Outdoor Senses Sing-A-Long w/ Susie Q Group Yahtzee After Dinner Activity</p>		<p><b>13</b></p> <p>Morning Exercise Video Devotional &amp; Discussion Snack &amp; Hydration Hand Massages Collage, Color, or Craft <b>BINGO in AL</b> After Dinner Activity</p>		<p><b>14</b></p> <p>Weights &amp; Stretching Magazine Browse Snack &amp; Hydration Outdoor Planting Group Word Puzzles <b>1:00 Rosary</b> <b>3:00 Thirsty Thursday: Music w/ Ryan Bizarri</b></p>		<p><b>15</b></p> <p>Bean Bag Toss Chicken Soup for Soul Snack &amp; Hydration Visit w/ Joy &amp; Sparky Canvas Art Part 3 Euchre <b>3:15 Sing-A-Long in AL</b> After Dinner Activity</p>		<p><b>16</b></p> <p><b>Armed Forces Day</b> Morning Exercise Daily Chronicles Snack &amp; Hydration Outdoor Birdfeeders Name that 50's Tune Cards After Dinner Activity</p> <p><small>Armed Forces Day</small></p>	
<p><b>17</b></p> <p>Morning Exercise Daily Chronicle Snack &amp; Hydration Mind / Body Sensory Gospel Music BINGO After Dinner Activity</p>		<p><b>18</b></p> <p>Chair Yoga Reminisce Articles Snack &amp; Hydration Nail Spa Watercolor to Music Games in the Patio After Dinner Activity</p> <p><small>Victoria Day (Canada)</small></p>		<p><b>19</b></p> <p>Light &amp; Lively Exercise Table Talk Tidbits <b>10:30 Scenic Drive</b> Snack &amp; Hydration Outdoor Senses Sing-A-Long w/ Susie Q Connect Four After Dinner Activity</p>		<p><b>20</b></p> <p><b>9:30 FM Jazz Band</b> Morning Exercise Video Devotional &amp; Discussion Snack &amp; Hydration Hand Massages Collage, Color or Craft <b>BINGO in AL</b> After Dinner Activity</p>		<p><b>21</b></p> <p>Weights &amp; Stretching <b>10:00 Catholic Mass</b> Snack &amp; Hydration Outdoor Sounds Writing Club - Birthday Junk Drawer Detective <b>3:00 Thirsty Thursday</b> After Dinner Activity</p> <p><small>Shavuot Begins</small></p>		<p><b>22</b></p> <p>Cardio Drumming Iowa History Snack &amp; Hydration Making Memorial Day Centerpieces Game - Flip 7 After Dinner Activity</p>		<p><b>23</b></p> <p><b>Patricia S. Birthday</b> Morning Exercise Daily Chronicles Snack &amp; Hydration Pat's Birthday Cupcakes Music / Arts Finish the Phrase After Dinner Activity</p>	
<p><b>24</b></p> <p>Morning Exercise Daily Chronicle Snack &amp; Hydration Mind / Body Sensory Gospel Music BINGO After Dinner Activity</p>		<p><b>25</b></p> <p><b>Memorial Day</b> Chair Yoga Reminisce Articles Snack &amp; Hydration Nail Spa Watercolor to Music Games in the Patio After Dinner Activity</p> <p><small>Memorial Day</small></p>		<p><b>26</b></p> <p>Light &amp; Lively Exercise Table Talk Tidbits <b>10:30 Scenic Drive</b> Snack &amp; Hydration Outdoor Senses Sing-A-Long w/ Susie Q Tabletop Bowling After Dinner Activity</p>		<p><b>27</b></p> <p>Morning Exercise Video Devotional &amp; Discussion Snack &amp; Hydration Hand Massages Collage, Color or Craft <b>BINGO in AL</b> After Dinner Activity</p>		<p><b>28</b></p> <p>Weights &amp; Stretching Magazine Browse Snack &amp; Hydration Outdoor Gardening <b>1:00 Rosary</b> <b>3:00 Thirsty Thursday: Music w/ Diane</b> After Dinner Activity</p>		<p><b>29</b></p> <p>Noodle Hockey Short Stories Snack &amp; Hydration Visit w/ Joy &amp; Sparky Spring Stamp Art High - Low Card Game <b>3:15 Sing-A-Long in AL</b> After Dinner Activity</p>		<p><b>30</b></p> <p>Morning Exercise Daily Chronicles Snack &amp; Hydration Nature Scenes / Sounds Name that Elvis Tune Twister Toss After Dinner Activity</p>	
<p><b>31</b></p> <p>Morning Exercise Daily Chronicle Snack &amp; Hydration Mind / Body Sensory Gospel Music Games After Dinner Activity</p>													