

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October Birkwood Village Assisted Living 2026				1 9:30 Exercises (FC) 10:00 All About Julie Andrews (FP) 1:00 Rosary (FP) 3:00 Thirsty Thursday: Music w/ Aaron Lotzow	2 9:30 Exercise (FC) 10:30 Book Club (RR) 1:30 Memoir Writing w/ Karen (RR) 3:00 Karaoke Style Sing A Long (FP)	3 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR) Simchat Torah Begins
4 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	5 9:30 Exercises (FC) 10:30 Fall Leaf Diamond Art (RR) 1:00 Manicures (RR) 2:30 Mystery Monday: Solve the 5 Minute Mystery & Guess the Mystery Oreo Flavor	Dorothy H's Birthday 6 9:30 Exercises (FC) 10:30 Scenic Drive 1:00 Euchre (RR) 2:00 Outing: Shopping at Cato's	7 9:30 Exercises (FC) 10:30 Drawing Class w/ Sherri (RR) 1:30 Balloon Volley (FC) 2:30 BINGO & Birkwood Store (DR)	8 9:30 Exercises (FC) 10:00 All About Little Women (FP) 1:00 Rosary (LTC) 3:00 Thirsty Thursday: Oktoberfest Beer, Pretzels, & Games	9 9:30 Exercise (FC) 10:30 Book Club (RR) 1:30 Concha Hearing Aid Cleaning (RR) 2:30 Pumpkin Decorating (RR)	10 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
11 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	Imelda's Birthday 12 9:30 Exercises (FC) 10:30 Autumn Doodles & Watercolor 1:00 Manicures (RR) 2:30 Popcorn & Puzzle Social (DR) Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9:30 Exercises (FC) 11:00 Lunch Out: Chuong Garden (\$) 1:00 Euchre (RR) 2:30 Scenic Drive	14 9:30 Exercises (FC) 10:30 Yahtzee (RR) 1:30 Cardio Drumming (FC) 2:30 BINGO (DR)	Bob & Carol's Birthday 15 9:30 Exercises (FC) 10:00 Mass (LTC) 1:30 Trivial Pursuit Q&A (FP) 3:00 Thirsty Thursday: Music w/ Diane DeJaynes	16 9:30 Exercise (FC) 10:30 Book Club (RR) 1:30 Memoir Writing w/ Karen (RR) 3:00 Karaoke Style Sing A Long (FP)	17 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
18 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	19 9:30 Exercises (FC) 10:30 Who Wants to be a Millionaire? (FP) 1:00 Manicures (RR) 2:30 Poetry Reading by Birkwood Writers (FP)	20 9:30 Exercises (FC) 10:30 Shopping at Dollar General (\$) 1:00 Euchre (RR) 2:30 Fall Foliage Scenic Drive & Cider Donuts	21 9:30 Exercises (FC) 10:30 Men's Coffee 10:30 Yahtzee (RR) 1:30 Balloon Volley 2:30 BINGO & Birkwood Store (DR) New Library Book Delivery (RR)	Judy T's Birthday 22 9:30 Exercises (FC) 10:00 All About Scouts (FP) 1:00 Rosary (LTC) 3:00 Thirsty Thursday: "Cheers to Cheryl" Farewell Celebration	World Series 23 9:30 Exercise (FC) 10:30 Book Club (RR) 1:30 Scrabble (RR) 3:00 You Be the Umpire & Baseball Trivia (FP)	24 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Creative Coloring (RR)
25 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	Pumpkin Day 26 9:30 Exercises (FC) 10:30 Decorating Pumpkin Cookies 1:00 Manicures (RR) 2:30 Pumpkin Cookies & October Jeopardy (FP)	27 9:30 Exercises (FC) 10:30 Outing: Riverfront Walk 1:00 Euchre (RR) 2:30 Scenic Drive & Halloween Scavenger Hunt	28 9:30 Exercises (FC) 10:00 Resident Meeting (DR) 1:30 Cardio Drumming (FC) 2:30 BINGO (DR)	29 9:30 Exercises (FC) 10:00 All About Edgar Allen Poe (FP) 1:00 Rosary (LTC) 4:00-6:00 Candy Crawl (Trick-or-Treat Event)	30 9:30 Exercise (FC) 10:30 Book Club (RR) 1:00 Halloween Puzzles 2-4 Halloween Party Silver Steppers & Steven Parker's Fun Factory Variety Show	Happy Halloween 31 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Jack-O-Lantern Creative Coloring (RR) Halloween