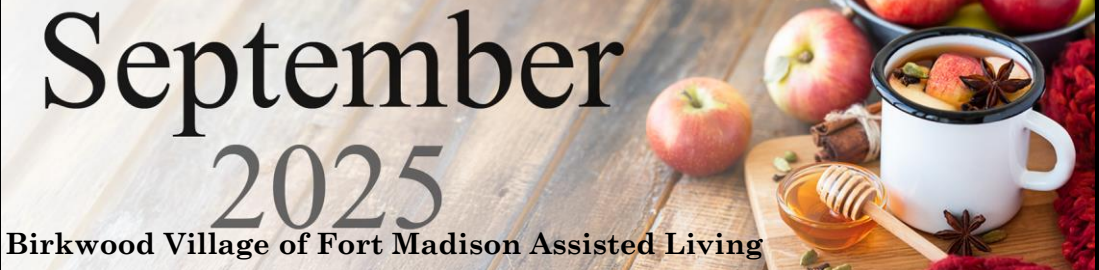


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Locations FC – Fitness Center RR – Recreation Room FP – Fireplace DR – Dining Room C – Chapel in Long-term Care 	Labor Day 1 9:30 Exercises (FC) 10:00 Euchre (RR) 1:00 Jigsaw Puzzle (RR) 3:00 Labor Day Word Puzzles (Pub) Labor Day	2 9:30 Exercises (FC) 10:30 Scenic Drive 1:00 Railway Journey Swiss Alps (FC) 2:30 Shopping at Dollar General (\$)	3 9:30 Exercises (FC) TBD Rodeo Queen Meet & Greet (Pub) 1:00 Book Club / Share a Poem (RR) 2:30 BINGO (DR)	NFL Begins 4 9:30 Exercise Video (FC) 11:00 Trivia: NFL Word Search (Pub) 1:00 Rosary (C) 3:00 Matinee Movie & Popcorn <i>Green and Gold</i>	5 9:30 Exercises (FC) 10:00 Yahtzee (RR) 1:30 Chair Yoga (FC) 3:00 Karaoke Style Sing-A-Long (FP)	6 9:30 Morning Exercise Video (FC) 10:00 Euchre (RR) 3:00 Scrabble (RR)
National Assisted Living Week Begins 7 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat & Grandkid's Photos Show & Share (FP) Grandparents Day	8:00 Pancake Palooza (DR) 8 9:30 Exercises (FC) 10:00 Euchre (RR) 1:00 Manicures (RR) 2:30 Church (C) 3:00 Trivia: Celebration of the Century Stamp	9 9:30 Exercises (FC) 10:30 Scenic Drive / Appleberry Orchard for Cider & Donuts 1:00 Railway Journey Copper Canyon (FC) 3:00 Iowa Trivia (FP)	10 9:30 Exercises (FC) 10:00 Craft: Highland Cow Diamond Art(RR) 1:00 Cuddle a Cow w/ Anderson Ranch 2:30 BINGO & Birkwood Store (DR)	11 9:30 Exercises (FC) 11:00 Trivia: Top 10 List Discussion 1:00 Rosary (C) 3:00 Thirsty Thursday: Happy Trails & Cocktails w/ Ned Francis	Duane's Birthday 12 9:30 Exercises (FC) 10:00 Dominoes (RR) 1:30 Hearing Aid Cleaning w/ Concha (RR) 2:00 Silver Steppers Rodeo Round-Up (DR)	13 9:30 Exercise Video 10:00 Euchre (RR) 2:00 Music on the Patio w/ Jerry 3:00 Scrabble (RR)
14 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	15 9:30 Exercises (FC) 10:00 Euchre (RR) 1:00 Manicures (RR) 3:00 Trivia: Wheel of Fortune (FP)	16 9:30 Exercises (FC) 10:30 Scenic Drive 1:00 Railway Journey Scotland Highlands (FC) 2:30 Outing: Lee County Nature Center	Library Delivery 17 9:30 Exercises (FC) 10:00 Craft: Scarecrow Ornament 1:00 Book Club (RR) 2:30 BINGO (DR)	18 9:30 Exercises (FC) 10:00 Mass (C) 11:00 Trivia: Name that Person 3:00 Thirsty Thursday Tailgate Party on the Patio	19 9:30 Exercises (FC) 10:00 Yahtzee (RR) 1:30 Chair Yoga (FC) 3:00 Karaoke Style Sing-A-Long (FP)	20 9:30 Morning Exercise Video (FC) 10:00 Euchre 3:00 Scrabble (RR) Oktoberfest Begins
21 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	Autumn Begins 22 9:30 Exercises (FC) 10:00 Euchre (RR) 1:00 Manicures (RR) 2:30 Church (C) 3:00 First Day of Fall Cider Social Rosh Hashanah Autumn Begins	23 9:30 Exercises (FC) 11:45 Outing: Lewelling Quaker Museum & Picnic 1:00 Railway Journey Sweden (FC) 4:00 Guest Speaker: "Fall Prevention" w/ Bridge to Home	24 9:30 Exercises (FC) 10:00 Resident Meeting (DR) 1:00 Book Club (RR) 2:30 BINGO & Birkwood Store(DR)	25 9:30 Exercises (FC) 11:00 Trivia: One Hit Wonders of the 50's 1:00 Rosary (C) 3:00 Thirsty Thursday & Music w/ Ryan	26 9:30 Exercises (FC) 10:00 Kings in the Corner (RR) 1:30 Chair Yoga (FC) 3:00 Fall Foliage Friday Leaf Craft (RR)	27 9:30 Morning Exercise Video (FC) 10:00 Euchre 3:00 Scrabble (RR)
28 9:30 Morning Exercise Video (FC) 3:00 Coffee Chat (FP)	29 9:30 Exercises (FC) 10:00 Euchre (RR) 1:00 Manicures (RR) 3:00 Trivia: Family Feud (FP)	30 9:30 Exercises (FC) 10:30 Day Trip to Dutchman's Store 1:00 Railway Journey Northern Spain (FC) 2:00 Fall Writing Prompts (RR)	 September 2025 Birkwood Village of Fort Madison Assisted Living			

Birkwood Village of Fort Madison ~ 1702 41st Street ~ Fort Madison, IA 52627 ~ (319)372-8021